



## SOUVENIER PROGRAMME

Cadaveric Workshop

4

CPD POINTS  
AWARDED

Ultrasound Workshop

4

CPD POINTS  
AWARDED

Main Congress

20

CPD POINTS  
AWARDED

11<sup>th</sup>

# Malaysian Arthroscopy Society Annual Scientific Meeting 2024

## RE-HINGING THE KNEE

### Optimizing Care in Knee Surgery and Rehabilitation

6<sup>th</sup>



November 2024

9<sup>th</sup>



Renaissance Johor Bahru

#### PRE-CONGRESS WORKSHOPS

6<sup>th</sup> Nov 2024

- Advanced Knee Lab Cadaveric Workshop @ Newcastle University
- Sports Medicine Ultrasound-guided Workshop @ Renaissance Johor Bahru

#### MAIN CONGRESS

7<sup>th</sup> ~ 9<sup>th</sup> Nov 2024

- Annual Scientific Meeting @ Renaissance Johor Bahru



For more updates, please  
visit our official website at  
[masasm.org](http://masasm.org)



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## CONFERENCE INFORMATION

### OFFICIAL CONFERENCE VENUE

**Renaissance Johor Bahru**  
NO. 2, Jalan Permas 11,  
Bandar Baru Permas Jaya,  
Johor Bahru 81750, Malaysia.

### DELEGATE AND SPEAKER REGISTRATION COUNTER OPENING HOURS

6<sup>th</sup> November 2024, Wednesday : 1130 – 1700hrs  
7<sup>th</sup> November 2024, Thursday : 0700 – 1700hrs  
8<sup>th</sup> November 2024, Friday : 0700 – 1700hrs  
9<sup>th</sup> November 2024, Saturday : 0700 – 1200hrs

### PARKING

Meeting guest : RM5.00 upon validation  
In-house guest : Complimentary  
Validating machine is located at Level 2  
(same floor with the conference halls.)  
Touch n Go cards can be validated here as well.

### CPD POINTS

CPD points will be awarded to all delegates who attend the conference. The organiser will submit the attendance list to MMA for CPD accreditation 1 week after the conference.

### SHUTTLE TO THE MOSQUE (FRIDAY PRAYERS) Masjid Permas Jaya

8<sup>th</sup> November 2024, Friday (only)  
Pick-up from hotel lobby : 1245hrs  
Pick-up from the mosque : 1330hrs  
Travelling distance : 2km

### PRAYER ROOM

The prayer room for Muslim delegates is available on Level 3.

### LANYARD

Only those with lanyards and name badge will be allowed into the conference area.

### E-POSTERS

E-posters are available on the E-Poster Panels located at the Exhibition and foyer area.

### SOUVENIER PROGRAMME

This Souvenir Programme Booklet was prepared in good faith and is correct at the time of printing. There may be changes in the programme. We apologise for any inadvertent errors which may be present.

### LOST & FOUND

The organisers and secretariat will not be held liable in cases of loss, theft or damage to personal belongings. Any found items may be brought to the registration counter.

### E-CERTIFICATE OF ATTENDANCE

Certificate of attendance will be available after the conference. Delegates are required to login to the delegate dashboard on the conference website and complete a feedback form before downloading the certificate.

### CONFERENCE SECRETARIAT

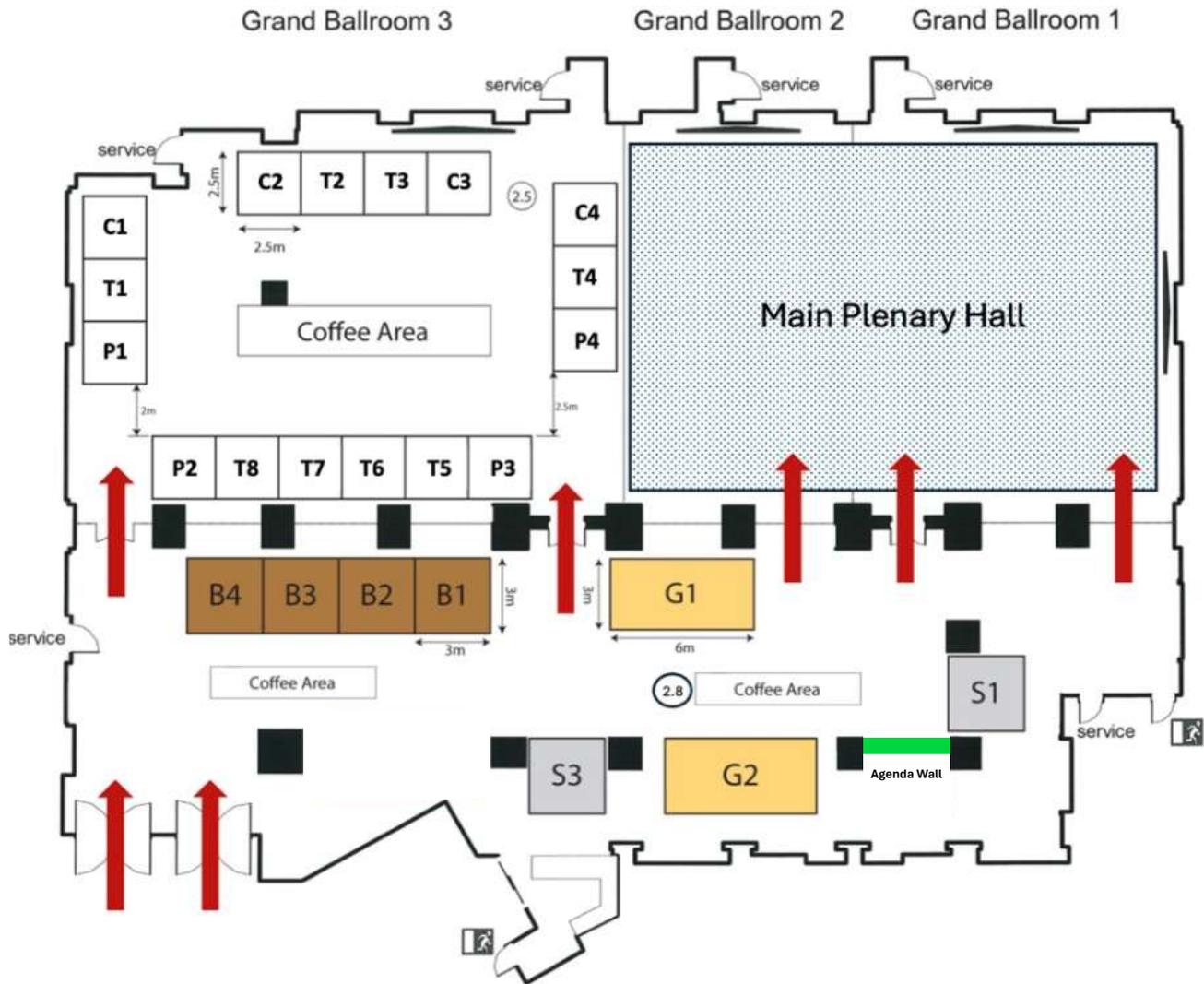
Email : [ConfSec2024@masasm.org](mailto:ConfSec2024@masasm.org)

c/o LE EVENTS SDN BHD  
13-1, 1st Floor, Jalan Puteri 1/4,  
Bandar Puteri Puchong, 47160, Puchong, Selangor  
Email : [askme@le-events.com](mailto:askme@le-events.com)  
Tel : +603 8051 8559 +6016 663 6452  
Website: [le-events.com](http://le-events.com)





## VENUE AND EXHIBITION FLOOR PLAN



### GRAND BALLROOM FOYER

<b>GOLD</b>	G01	Medsyn Sdn Bhd
	G02	Transmedic Healthcare Sdn Bhd
<b>SILVER</b>	S01	Athrotech Sdn Bhd Arthrofix Surgical Sdn Bhd
	S03	BIOTEK - Chetan Meditech Private Limited
<b>BRONZE</b>	B01	Zimmer Medical (Malaysia) Sdn Bhd
	B02	Smith & Nephew Healthcare Sdn Bhd
	B03	Icon Medic Sdn Bhd
	B04	Qingdao Zhixing Medical Equipment Co Ltd

### BALLROOM 3

<b>PREMIUM CORNER</b>	P01	Primo Orthocare Sdn Bhd
	P02	Beijing Jewis Technology Ltd
	P03	Hyphens Pharma Sdn Bhd
	P04	Surgiteq Healthcare Sdn Bhd

### BALLROOM 3

<b>CORNER</b>	C01	MJ Surgical
	C02	CIMed Healthcare Sdn Bhd
	C03	PhilosMed Marketing Sdn Bhd
	C04	Arah Tenang Sdn Bhd
<b>STANDARD</b>	T01	Unam Pharmaceutical (M) Sdn Bhd
	T02	Syarikat Wellchem Sdn Bhd
	T03	Hoe Pharmaceuticals Sdn Bhd
	T04	
	T05	Brego Life Sciences Sdn Bhd
	T06	Medicwave (M) Sdn Bhd
	T07	ActiveMed Sdn Bhd
	T08	Prime Medical Concepts Sdn Bhd





## WELCOME MESSAGE FROM THE PRESIDENT OF THE MALAYSIAN ARTHROSCOPY SOCIETY (MAS)

Dear Respected Members of the Malaysian Arthroscopy Society,

It is with great pleasure that I extend my warmest welcome to each of you as we embark on the journey towards our 11<sup>th</sup> Annual Scientific Meeting and Annual General Meeting. As your President, I am honoured to lead this society into this milestone event, marking yet another year of advancement and excellence in the field of sports surgery and arthroscopy.

I would like to take this opportunity to express my deepest gratitude to the Organizing and Scientific Committee Members for their unwavering dedication and tireless efforts in shaping this year's conference. Their commitment and hard work have been instrumental in ensuring that this event promises to be a memorable and enriching experience for all attendees.

As we gather in Johore Baharu from the 7<sup>th</sup> to the 9<sup>th</sup> of November 2024, I am optimistic that our Annual Scientific Meeting will serve as a platform to foster meaningful exchanges of knowledge, insights, and experience in managing sports injuries all over the country. I urge each member to actively participate in this event, not only in terms of delegate numbers but also through enthusiastic program attendance, scientific paper submissions, and engagement during the scientific sessions as well as during our AGM.

Together, let us seize this opportunity to celebrate our collective achievements, learn from one another, and chart the course for the future of arthroscopy in Malaysia.

I look forward to welcoming you all to Johore Baharu for what promises to be a memorable and impactful 11<sup>th</sup> conference of our beloved society.

Warmest Regards,  
**Assoc Prof Dr Mohd Nizlan bin Mohd Nasir**  
 President  
 Malaysian Arthroscopy Society

## MALAYSIAN ARTHROSCOPY SOCIETY COUNCIL MEMBERS 2023-2025

<b>President</b>	Associate Professor Dr Mohd Nizlan bin Mohd Nasir
<b>Vice President</b>	Col Dr Kok Choong Seng (R)
<b>Secretary</b>	Associate Professor Dr Teo Seow Hui
<b>Assistant Secretary</b>	Dato' Dr Shahrulazua bin Ahmad
<b>Treasurer</b>	Associate Professor Dr Raymond Yeak Dieu Kiat
<b>Exco</b>	Dr Mohd Azrin bin Shahul Hamid
	Dr Harjeet Singh
<b>Auditors</b>	Dr Sazali bin Salleh
	Dr Abdul Razak bin Hussin
<b>Regional Representatives</b>	Associate Professor Dr Mohd Fairudz bin Mohd Miswan (Central)
	Dr Vicknesh Anandan (Northern)
	Asst. Professor Dr Khairul Nizam bin Siron (East Coast)
	Dr Darhaysyam Al Jefri Mohamed Muslim (Southern)
	Dr Leong Wan Hee (East Malaysia)
<b>Past Presidents</b>	Dr Hishamudin bin Masdar
	Professor Dr Wan Hazmy bin Che Hon
	Maj Gen Dato' Dr Mohammad Amirrudin bin Hamdan (R)
	Col Dr Azmi bin Abdul Latif (R)
	Datuk Dr Mohd Asri bin Abd Ghapar





## WELCOME MESSAGE FROM THE ORGANISING CHAIRMAN OF THE 11<sup>th</sup> MAS ASM 2024

A warm welcome to all! As the Organising Chairman, I am enamoured by the faith of our honorable President in entrusting me with this monumental task.

2024 marks the entry of Malaysian Arthroscopy Society (MAS) to the second decade of existence since its inaugural launch on the 19<sup>th</sup> March, 2013.

We hope to continue the great progress of the past decade and would like to take this opportunity to thank you, our members and industry partners for your contributions in all the varied ways and methods, building the Society to its current state.

Latching on to the theme of the previous ASM, we present with great glee, the 11<sup>th</sup> Malaysian Arthroscopy Society Annual Scientific Meeting (11<sup>th</sup> MAS ASM 2024) which will be held at Renaissance Hotel Johor Bahru from 6<sup>th</sup> to 9<sup>th</sup> November 2024, the first MAS ASM at the Southern State of Johor which I am proud to say is my home State. The theme, “Re-hinging the Knee – Optimizing Care in Knee Surgery and Rehabilitation,” reflects our unwavering dedication to continue pushing the boundaries and advancing further in patient care as we charge ahead into the next 10 years and beyond.

Our committee has endeavoured to organize a wholesome mix of topics to make this a potential blockbuster event. We have planned other sessions such as an exciting pre-congress event programme and visits to the sporting stadiums and sporting rehabilitation centres in Johor Bahru. In clinical practice, we learn every day. We learn from colleagues, we learn from patients and last but not the least, we learn from both our successes and mistakes. The meeting is going to be in-person, as we all appreciate the importance of networking and socialising with all stakeholders to learn and progress together as one cohesive unit.

We extend a warm welcome to everyone to join us for another successful and remarkable conference.

**BERSATU TEGUH, BERCERAI ROBOH!**

Warmest Regards,  
**Dr Harjeet Singh**  
 Organising Chairman  
 11<sup>th</sup> MAS ASM 2024

## 11<sup>th</sup> MALAYSIAN ARTHROSCOPY SOCIETY ASM ORGANISING COMMITTEE

**Advisor**  
**Organising Chairman**  
**Organising Co-Chairman**  
**Organising Committee**

**Scientific Chairman**  
**Scientific Co-Chairman**  
**Scientific Committee**

Associate Professor Dr Mohd Nizlan bin Mohd Nasir  
 Dr Harjeet Singh  
 Dr Zulkifli bin Hassan  
 Dr Mohd Firdaus bin Abdullah  
 Dr Ibrahim bin Ahmad Fuad  
 Dr Darhaysyam Al Jefri Mohamed Muslim  
 Associate Professor Dr Mohd Fairudz bin Mohd Miswan  
 Dr Siva Thangaraju  
 Associate Professor Dr Teo Seow Hui  
 Dr Mohd Rusdi bin Abdullah  
 Dr Kamarulzaman bin Haji M.S Kadir  
 Dr Kamaljeet Singh  
 Dr Ahmad Farihan bin Mohd Don  
 Dr Leong Yung Chin  
 Dr Yuzaimi bin Yaakub



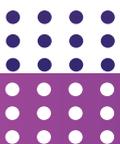
# Opening Ceremony

7

## PROGRAMME

7<sup>th</sup> November 2024, Thursday  
Time : 1400 -1545hrs

Time	Agenda
1400hrs	Entrance of Guest of Honour into Main Ballroom <b>Mr Khairy Jamaluddin</b> Johor Youth Advisor, Johor Darul Ta'zim  Accompanied by <b>Associate Professor Dr Mohd Nizlan bin Mohd Nasir</b> President of the Malaysian Arthroscopy Society (MAS)  <b>Dr Harjeet Singh Puran Singh</b> Organising Chairman of the 11th MAS ASM 2024  <b>Dr Zulkifli bin Hassan</b> Co-organising Chairman of the 11th MAS ASM 2024  <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b> Scientific Chairman of the 11th MAS ASM 2024  <b>Dr Siva Thangaraju</b> Co-Scientific Chairman of the 11th MAS ASM 2024
1405hrs	National Anthem 'Negaraku'
1410hrs	Welcome Note by Emcee Prayer Recital by <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b>
1415hrs	Welcome Address by <b>Dr Harjeet Singh Puran Singh</b> Organising Chairman of the 11th MAS ASM 2024
1420hrs	Foreword Note by <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b> Scientific Chairman of the 11th MAS ASM 2024
1425hrs	Welcome Speech by <b>Associate Professor Dr Mohd Nizlan bin Mohd Nasir</b> President of the Malaysian Arthroscopy Society
1430hrs	<b>Opening Speech and Keynote Lecture</b> <b>Health &amp; Sports For All</b> <b>Mr Khairy Jamaluddin</b> Johor Youth Advisor, Johor Darul Ta'zim Guest of Honour
1500hrs	Official Opening by the Guest of Honour
1505hrs	Exhibition booths visit <b>Mr Khairy Jamaluddin</b> Johor Youth Advisor, Johor Darul Ta'zim  Accompanied by <b>Associate Professor Dr Mohd Nizlan bin Mohd Nasir</b> President of the Malaysian Arthroscopy Society (MAS)  <b>Dr Harjeet Singh Puran Singh</b> Organising Chairman of the 11th MAS ASM 2024  <b>Dr Zulkifli bin Hassan</b> Co-organising Chairman of the 11th MAS ASM 2024  <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b> Scientific Chairman of the 11th MAS ASM 2024  <b>Dr Siva Thangaraju</b> Co-Scientific Chairman of the 11th MAS ASM 2024
1530hrs	Announcement of <b>Memorandum of Understanding (MoU) with IOSSMA</b>
1545hrs	End of Ceremony



# KEYNOTE S P E A K E R

## “Health & Sports for All”



**Mr Khairy  
Jamaluddin Abu Bakar**  
*Johor Youth Advisor, Johor Darul Ta'zim*





## INTERNATIONAL FACULTY



**Professor Elvire Servien**  
FRANCE



**Dr Dave Lee Yee Han**  
SINGAPORE



**Professor Sudeep Satpathy**  
INDIA



**Professor Dr Bancha Chernchujit**  
THAILAND



**Professor Lee Dhong Won**  
SOUTH KOREA



**Associate Professor Hamid Rahmatullah Bin Abd Razak**  
SINGAPORE



**Dr Mohammad Ashik Bin Zainuddin**  
SINGAPORE



**Dr Ashok Selvaraj**  
INDIA



**Dr Aldo Fransiskus Marsetio**  
INDONESIA



**Dr Muhammad Pramana Khalilul Harmi**  
INDONESIA



**Dr Muhammad Sakti**  
INDONESIA



**Dr Romy Deviandri**  
INDONESIA



**Dr Adisa Yusuf Reksoprodjo**  
INDONESIA





## LOCAL FACULTY



**Dr Roshan Gunalan**  
MALAYSIA



**Professor Dr Abdul Halim  
Mokhtar**  
MALAYSIA



**Dr Noor Azmi Bin Mohamad  
Nor**  
MALAYSIA



**Dr Mohd Azrin Bin Shahul  
Hamid**  
MALAYSIA



**Professor Dr Ng Wuey Min**  
MALAYSIA



**Dr Mohd Fakhrulsani Bin  
Abdul Hamid**  
MALAYSIA



**Dr Rajesh Rampal**  
MALAYSIA



**Associate Professor  
Dr Teo Seow Hui**  
MALAYSIA



**Datuk Dr Mohd Asri Abd  
Ghapar**  
MALAYSIA



**Dr Bazam Bin Abdul Rani**  
MALAYSIA



**Dr Azril Syazwan Bin Mohd Ali**  
MALAYSIA



**Dr Ibrahim Bin Ahmad Fuad**  
MALAYSIA



**Dr Arshad Bin Puji**  
MALAYSIA



**Dr Hishamudin Bin Masdar**  
MALAYSIA



**Dr Siti Hajar Binti Omar**  
MALAYSIA



**Dr Mohd Firdaus Bin Abdullah**  
MALAYSIA



**Dr Izan Bin Ibrahim**  
MALAYSIA



**Dr Siti Hawa Tahir**  
MALAYSIA



**Associate Professor  
Dato' Dr Badrul Akmal Hisham  
Md. Yusoff**  
MALAYSIA





## LOCAL FACULTY



**Dr Harjeet Singh Puran Singh**  
MALAYSIA



**Associate Professor  
Dr Mohd Nizlan Bin Mohd Nasir**  
MALAYSIA



**Dr Kamaljeet Singh  
Jaharan Singh**  
MALAYSIA



**Dr Ariff Sukimin  
Mohammad Shukri**  
MALAYSIA



**Dr Abdul Razak Hussin**  
MALAYSIA



**Professor Dr Tengku Muzaffar  
Bin Tengku Mohamed  
Shihabudin**  
MALAYSIA



**Dr Bea Kia Chuang**  
MALAYSIA



**Dr Sazali Bin Salleh**  
MALAYSIA



**Professor Dr Wan Hazmy  
Che Hon**  
MALAYSIA



**Dr Malini Kerpaiah  
@ Karupiah**  
MALAYSIA



**Dr Rozaiman Bin Ebrahim**  
MALAYSIA



**Dr Moganadass Muniandy**  
MALAYSIA



**Dr Ahmad Farihan Mohd Don**  
MALAYSIA



**Dr Samsudin Bin Osman Cassim**  
MALAYSIA



**Dr Ilyas Ali Noor**  
MALAYSIA



11<sup>th</sup> Malaysian Arthroscopy Society Annual Scientific Meeting 2024

## Pre-congress Advanced Knee Cadaveric Workshop

6<sup>th</sup> Nov 2024

Venue : Wet Lab, Newcastle University, Jalan Sarjana 1, Educity, 79200, Iskandar Puteri, Johor.

### SHUTTLE BUS TIMETABLE TO/FROM THE VENUE

- Pick-up from Renaissance Hotel JB : 1100hrs
- Pick-up from Newcastle University : 1815 - 1830hrs

### COURSE CHAIRPERSON

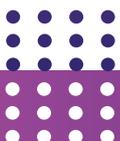
- Dr Samsudin bin Osman Cassim

### FACULTY

- Dr Shamsul Iskandar Hussein
- Dr Mohd Azrin Bin Shahul Hamid
- Dr Ahmad Farihan Mohd Don
- Dr Ilyas Bin Ali Noor



Time	Agenda	Facilitator
1300 - 1340	Registration & Lunch	All
1340 - 1350	Welcome and Learning objectives for the day	Dr Samsudin Bin Osman Cassim
1350 - 1405	<b>Navigating the ACL All-Inside Technique: A Comprehensive Overview</b>	Dr Shamsul Iskandar Hussein
1405 - 1420	<b>My Approach to ACL All-Inside Reconstruction: Techniques and Insights</b>	Dr Samsudin Bin Osman Cassim
1420 - 1435	<b>Mastering Graft Preparation: A Cornerstone of ACL All-Inside Success</b>	Dr Ahmad Farihan Mohd Don
1435 - 1450	<b>Innovative Techniques in Root Repair: Tips and Tricks for Success</b>	Dr Azrin Bin Shahul Hamid
1450 - 1500	Interactive Q&A: Addressing your Queries	All
1500 - 1730	Hands-On Session: Acquiring Practical Skills	All
1730 - 1750	Case Discussion: Analyzing Hands-On Challenges	All



11<sup>th</sup> Malaysian Arthroscopy Society Annual Scientific Meeting 2024

## Pre-congress Sports Medicine Ultrasound-guided Workshop

6<sup>th</sup> Nov 2024 | Meeting Room 5 & 6, Level 2 | Renaissance Johor Bahru, Malaysia.

Station / Time (hrs)	Station 1	Station 2	Station 3	Station 4	Station 5
	Anterior Knee	Posterior Knee	Anterior Thigh: Proximal to distal	Posterior Thigh: Proximal to distal	
<b>Participants</b>	<b>5 paxs per station</b>				<b>Practice Station</b>
<b>Facilitator</b>	<b>Dr Malini Kerpaiah @ Karupiah</b>	<b>Dr Azril Syazwan bin Mohd Ali</b>	<b>Dr Arshad bin Puji</b>	<b>Dr Mohd Fakhrulsani bin Abdul Hamid</b>	
<b>1130 - 1300</b>	<b>Registration (Meeting Room 5 &amp; 6 Foyer, Level 2)</b>				
<b>1300 - 1315</b>	<b>Welcome, introduction and explanation on the flow by the Moderator (Dr Kamaljeet Singh Jaharan Singh)</b>				
<b>1315 - 1320</b>	<b>Facilitators will do a brief introduction about USG machine (frequency, different probes, usage etc)</b>				
<b>1320 - 1400</b>	<b>Group A</b>	<b>Group B</b>	<b>Group C</b>	<b>Group D</b>	
<b>1400 - 1440</b>	<b>Group D</b>	<b>Group A</b>	<b>Group B</b>	<b>Group C</b>	
<b>1440 - 1520</b>	<b>Group C</b>	<b>Group D</b>	<b>Group A</b>	<b>Group B</b>	
<b>1520 - 1600</b>	<b>Group B</b>	<b>Group C</b>	<b>Group D</b>	<b>Group A</b>	
<b>1600</b>	<b>End of workshop</b>				

\* Duration for each session : 40 mins (First 5-10 mins demonstrate by the facilitator, followed by 30-35 mins hands-on for the participants)

Station 1	Station 2	Station 3	Station 4
Anterior Knee	Posterior Knee	Posterior Thigh: Proximal to distal	Posterior Thigh: Proximal to distal
<ul style="list-style-type: none"> <li>▪ Quadriceps tendon &amp; suprapatellar recess/bursa</li> <li>▪ Patella tendon</li> <li>▪ Medial &amp; Lateral Meniscus</li> <li>▪ MCL &amp; LCL</li> <li>▪ Pes Anserine</li> <li>▪ Genicular nerves</li> </ul>	<p><b>Medial</b></p> <ul style="list-style-type: none"> <li>▪ Medial femoral condyle</li> <li>▪ Semi-membranosus</li> <li>▪ Posterior medial meniscus</li> <li>▪ Medial head of gastroc</li> </ul> <p><b>Lateral</b></p> <ul style="list-style-type: none"> <li>▪ Lateral femoral condyle</li> <li>▪ Distal biceps femoris</li> <li>▪ Posterior lateral meniscus</li> <li>▪ Lateral head of gastric</li> </ul> <p><b>Central</b></p> <ul style="list-style-type: none"> <li>▪ Popliteus</li> <li>▪ Popliteal vessels</li> </ul>	<ul style="list-style-type: none"> <li>▪ Femur</li> <li>▪ Femoral artery, vein, nerve</li> <li>▪ Sartorius</li> <li>▪ Vastus medialis, lateralis, intermedius</li> <li>▪ Gracilis</li> <li>▪ Adductors (magnus, brevis, longus)</li> <li>▪ Rectus femoris</li> <li>▪ Obturator nerve</li> <li>▪ Femoral triangle</li> <li>▪ Adductor canal</li> <li>▪ Saphenous nerve</li> <li>▪ Tensor fascia lata</li> </ul>	<ul style="list-style-type: none"> <li>▪ Biceps femoris</li> <li>▪ Semi-tendinosus</li> <li>▪ Semi-membranosus</li> <li>▪ Sciatic nerve</li> <li>▪ Adductor magnus</li> </ul>



## DETAILED PROGRAMME

### Pre-congress Workshops

 6<sup>th</sup> Nov 2024 | Wednesday

Start	End	JDT Tour
0800		Registration Counter Open @ Renaissance JB Hotel Main Lobby
0830	0845	Coach pick-up from Renaissance JB to JDT Stadium* <b>by reservation only</b>
0945	1100	<b>JDT Tour</b>
1100		Pick-up from JDT Stadium and return to Renaissance JB
1145		Arrive at Renaissance JB Freshen-up

Start	End	Pre-congress Advanced Knee Cadaveric Workshop	 Newcastle University
1100		Pick-up from Renaissance JB Hotel Main Lobby	
1200		<b>Arrive at Newcastle University</b>	
1200	1300	Registration and Lunch	
1300	1750	Pre-congress Advanced Knee Cadaveric Workshop	
1750		End of Pre-congress workshop	
1800		Pick-up from Newcastle University and return to Renaissance JB	

Start	End	Pre-congress Sports Medicine Ultrasound-guided Workshop	 Meeting Room 5 & 6, Level 2, Renaissance Johor Bahru
1130	1300	Registration and Lunch <i>*Buffet lunch will be served @ Café BLD for Ultrasound Workshop participants only from 1200hrs onwards</i>	
1300	1600	Pre-congress Sports Medicine Ultrasound-guided Workshop	
1600		End of Pre-congress workshop	




**MAIN CONGRESS DAY 1** 7<sup>th</sup> November 2024 | Thursday

TIME	AGENDA	
	<b>BALLROOM 1 &amp; 2 (Level 2)</b>	
0700	<b>REGISTRATION COUNTER OPEN</b>	
<b>ICL 1 Paediatric Knee</b>		
Chairpersons	• <b>Dr Siva Thangaraju &amp; Dr Leong Yung Chin</b>	
0800 - 0810	Discoid Meniscus	• <b>Dr Roshan Gunalan</b>
0810 - 0820	Patella Instability in Children & Adolescents	• <b>Professor Dr Elvire Servien</b>
0820 - 0830	ACL In Children & Adolescents	• <b>Dr Mohammad Ashik Bin Zainuddin</b>
0830 - 0840	Injury Prevention in Young Athletes	• <b>Professor Dr Abdul Halim Mokhtar</b>
0840 - 0900	Q & A	
0900 - 0930	<b>General Quiz ( I should know about.... )</b>	
	<b>MEETING ROOM 5 &amp; 6 (Level 2)</b>	
<b>ICL 2 Revision ACL</b>		
Chairpersons	• <b>Dr Kamarulzaman bin Haji M.S Kadir &amp; Dr Mohd Rusdi Bin Abdullah</b>	
0800 - 0815	Why Do ACL Fails? Prevention And Predictions	• <b>Dr Mohd Azrin Bin Shahul Hamid</b>
0815 - 0830	1 or 2 stage ACL Reconstruction, Grafts Choices and Additional Procedure	• <b>Professor Dr Ng Wuey Min</b>
0830 - 0845	Rehabilitation In ACL Re-Tears - Preop and Postop	• <b>Dr Mohd Fakhruisani Bin Abdul Hamid</b>
0845 - 0900	Q & A	
0900 - 0930	<b>MAS Post - Graduate Quiz Championship (Part 1)</b>	<b>Moderators :</b> <b>Dr Low Chin Aun &amp; Dr Sharifah Nor Amirah Alsagoff</b>



TIME	AGENDA	
	BALLROOM 1 & 2 (Level 2)	
<b>SYMPOSIUM 1 Advancement ACL</b>		
Chairpersons	• <b>Dr Kamarulzaman bin Haji M.S Kadir &amp; Dr Yuzaimi bin Yaakub</b>	
0930 - 0945	Evolving Anatomy Of ACL and ALL	• Dr Rajesh Rampal
0945 - 1000	Evolution of ACL Surgery with Graft and Fixation Method	• Associate Professor Dr Teo Seow Hui
1000 - 1015	Latest Trend of ACL Reconstruction	• Dr Mohammad Ashik Bin Zainuddin
1015 - 1030	ACL Plus Procedures (Osteotomy / ALL) - When and How?	• Professor Dr Elvire Servien
1030 - 1100	Q & A	
<b>SYMPOSIUM 2 PCL - Back To Basic</b>		
Chairpersons	• <b>Dr Mohd Rusdi bin Abdullah &amp; Dr Sazali Bin Salleh</b>	
1100 - 1115	Clinical Diagnosis Of PCL Injuries	• Datuk Dr Mohd Asri Abd Ghapar
1115 - 1130	Early Management Of PCL Injuries And Knee Dislocation	• Dr Bazam Bin Abdul Rani
1130 - 1145	PCL Reconstruction Technique	• Professor Dr Bancha Chernchujit
1145 - 1200	Tips And Tricks In PCL Reconstruction Revision	• Professor Dr Bancha Chernchujit
1200 - 1230	Q & A	
<b>Lunch Symposium (Sponsored by Smith &amp; Nephew)</b>		
Chairperson	• <b>Dr Sazali Bin Salleh</b>	
1230 - 1315	Complex Meniscus Tear Repair - Journey Towards Chondroprotection <small>*Bento lunch will be served in the hall when session starts</small>	• Dr Moganadass Muniandy
1315 - 1400	Exhibit Visit	
1400 - 1530	<ul style="list-style-type: none"> <li>• <b>KEYNOTE LECTURE ▶ Health &amp; Sports For All</b></li> <li>• <b>OPENING CEREMONY</b></li> <li>• <b>MoU with IOSSMA</b></li> </ul>	• <b>Mr Khairy Jamaluddin</b>
<b>SYMPOSIUM 3 Rehabilitation Concepts Of The Knee</b>		
Chairpersons	• <b>Dr Malini Kerpaiah@Karupiah &amp; Dr Mohd Fakhrulsani bin Abdul Hamid</b>	
1530 - 1545	Artificial Intelligence in Sports: Averting Injuries And Prolonging Career Longevity	• Professor Dr Sudeep Satpathy
1545 - 1600	Criteria To Returns To Sports After ACL Reconstruction	• Dr Azril Syazwan Bin Mohd Ali
1600 - 1615	Does The Rehab Differ In Different Meniscus Surgeries?	• Dr Ibrahim Bin Ahmad Fuad
1615 - 1630	Rehabilitation Strategies Following A Multi-Ligamentous Reconstruction	• Dr Arshad Bin Puji
1630 - 1700	Q & A	
1630	End of Day 1	
1800 - 2100	Faculty Dinner (Off-Site)	



TIME	AGENDA	
	BALLROOM 1 & 2 (Level 2)	
0700	REGISTRATION COUNTER OPEN	
<b>ICL 3 Everything About MPFL</b>		
Chairpersons	• <b>Dr Leong Yung Chin &amp; Dr Nurhanani Binti Abu Bakar</b>	
0800 - 0810	Clinical Evaluation In PFI	• <b>Dr Hishamudin Bin Masdar</b>
0810 - 0820	Imaging In Patellofemoral Instability	• <b>Dr Siti Hajar Binti Omar</b>
0820 - 0830	MPFLR +- Lateral Retinaculum Release	• <b>Professor Dr Elvire Servien</b>
0830 - 0840	Bony Procedure In PFI	• <b>Professor Dr Elvire Servien</b>
0840 - 0900	Q & A	
<b>SYMPOSIUM 4 Chondral Injury - The Real Strategy</b>		
Chairpersons	• <b>Dr Abdul Razak Hussin &amp; Dr Shri Kapilan Appadurai</b>	
0900 - 0915	Cartilage Injury - To Treat or Not To Treat	• <b>Dr Mohd Firdaus Bin Abdullah</b>
0915 - 0930	Scaffold Surgery With Subchondroplasty	• <b>Dr Izan Bin Ibrahim</b>
0930 - 0945	Cartilage Scaffold Surgery - HKL Experience	• <b>Dr Siti Hawa Tahir</b>
0945 - 1000	Stem Cell Treatment - Where Are We Now?	• <b>Associate Professor Dato' Dr Badrul Akmal Hisham Md. Yusoff</b>
1000 - 1030	Q & A	
1030 - 1100	Tea Break & Exhibit Visit	
<b>PLENARY 1</b>		
Chairperson	• <b>Dr Kamaljeet Singh Jaharan Singh</b>	
1100 - 1130	Rehabilitation Strategies Post ACL Reconstruction : How Fast Can We Go?	<ul style="list-style-type: none"> <li>• <b>Dr Harjeet Singh Puran Singh</b></li> <li>• <b>Associate Professor Dr Mohd Nizlan Bin Mohd Nasir</b></li> <li>• <b>Dr Arshad Bin Puji</b></li> <li>• <b>Dr Kamaljeet Singh Jaharan Singh</b></li> </ul>



TIME	AGENDA	
	<b>MEETING ROOM 5 &amp; 6 (Level 2)</b>	
<b>ICL 4 Meniscus - My Thoughts</b>		
Chairpersons	• <b>Dr Yuzaimi bin Yaakob &amp; Dr Kamarulzaman bin Haji M.S Kadir</b>	
0800 - 0810	Current Concept Anatomy Repair & Classification	• <b>Dr Noor Azmi Bin Mohamad Nor</b>
0810 - 0820	Acute Locking Knee - Approach To Bucket Handle Tear	• <b>Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin</b>
0820 - 0830	The Radial Tear - Resect Or Repair	• <b>Dr Bea Kia Chuang</b>
0830 - 0840	The Options Post Meniscectomy	• <b>Dr Sazali Bin Salleh</b>
0840 - 0900	Q & A	
0900 - 1400	Main session will be held in Ballroom 1 & 2	

**Special Session by IOSSMA**

Chairpersons	• <b>Dr Kamarulzaman bin Haji M.S Kadir and Dr Mohd Rusdi bin Abdullah</b>	
1400 - 1410	Reconstruction Bilateral Neglected ACL Tear After A Year Injury	• <b>Dr Muhammad Pramana Khalilul Harmi</b>
1410 - 1420	The Role of Lateral Extra Articular Tenodesis in ACL Reconstruction & High Grade Anterior Knee Instability	• <b>Dr Muhammad Sakti</b>
1420 - 1430	Prevention and Management of Arthrofibrosis After Knee Arthroscopy	• <b>Dr Aldo Fransiskus Marsetio</b>
1430 - 1440	The Essential of Patient Reported Outcomes Measurement (PROMs) For Evaluating The Treatment of ACL Injury	• <b>Dr Romy Deviandri</b>
1440 - 1450	Management of The Neglected Knee Dislocation : Let's Discuss The Best Strategy	• <b>Dr Adisa Yusuf Reksoprodjo</b>
1450 - 1500	Q & A	




**MAIN CONGRESS DAY 2** 8<sup>th</sup> November 2024 | Friday

TIME	AGENDA	
	BALLROOM 1 & 2 (Level 2)	
<b>PLENARY 2</b>		
Chairperson	• <b>Dr Siva Thangaraju</b>	
1130 - 1140	Does Your Aspiration Achieved After 10 Years?	• <b>Dr Hishamudin Bin Masdar</b>
1140 - 1150	Your Strategy For Next Decade	• <b>Datuk Dr Mohd Asri Abd Ghapar</b>
1150 - 1200	Q & A	
<b>Lunch Symposium (Sponsored by BiotekOrtho)</b>		
Chairperson	• <b>Dr Harjeet Singh Puran Singh</b>	
1200 - 1245	Meniscus Matter	• <b>Dr Ashok Selvaraj</b>
1245 - 1400	Exhibit Visit & Friday Prayer Buffet Lunch @ Café BLD"	
Chairperson	• <b>Dr Leong Yung Chin</b>	
1400 - 1500	<b>Azmi Abdul Latif Award Presentation @ Ballroom 1 &amp; 2</b>	
Chairperson	• <b>Dr Farihan bin Mohd Don</b>	
1400 - 1500	<b>Sanusi Ghani Award Presentation @ Ballroom Foyer</b>	
<b>SYMPOSIUM 5 PLC &amp; MCL - The Update</b>		
Chairpersons	• <b>Dr Mohd Rusdi bin Abdullah &amp; Dr Ahmad Farihan bin Mohd Don</b>	
1500 - 1515	Management Of The MCL In Multi-Ligament Injury From Knee Dislocation	• <b>Dr Siti Hawa Tahir</b>
1515 - 1530	Reconstruction Of The MCL	• <b>Dr Dave Lee Han Yee</b>
1530 - 1545	Treatment Of Acute & Chronic PLC Cases	• <b>Dr Ariff Sukimin Mohammad Shukri</b>
1545 - 1600	Surgical Management Of Injuries Of The Lateral Side Of The Knee	• <b>Dr Dave Lee Han Yee</b>
1600 - 1630	Q & A	
1630 - 1900	<b>MAS AGM</b>	
1900	End of Day 2	



## AZMI ABDUL LATIFF AWARD PRESENTATIONS

**Date** : 8<sup>th</sup> November 2024, Friday

**Time** : 1400-1500hrs

**Venue** : Ballroom 1 & 2, Level 2, Renaissance Johor Bahru



**Chairperson** : **Dr Leong Yung Chin**

**Judges** : **Professor Dr Elvire Servien**

**Professor Dr Wan Hazmy Che Hon**

**Associate Professor Dato' Dr Badrul Akmal Hisham Md. Yusoff**

	<b>Finalists</b>	<b>Title</b>
AAL 1	Dr Muhammad Najmi bin Ab Ghani	Short-Term Success: Hyalofast® Demonstrates Promising Results in Treating Severe Patellar Chondral Lesions.
AAL 2	Dr Jonas Fernandez	Dermal Allograft Augmentation in Rotator Cuff Repair: Is there Patch Integration?
AAL 3	Dr Loh Pei Yi	Do Monocortical Distal Locking Screws Impair Mechanical Properties in Opening Wedge High Tibial Osteotomy with Bone Graft? – A Sawbone Biomechanical Study
AAL 4	Dr Faisal bin Mohd Noor	Locked Posterior Shoulder Dislocation In Post Bristow Procedure Patient: Arthroscopic Modified McLaughlin Procedure With Posterior Capsule Repair





## SANUSI GHANI AWARD PRESENTATIONS

**Date** : 8<sup>th</sup> November 2024, Friday

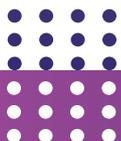
**Time** : 1400-1500hrs

**Venue** : Ballroom Foyer, Level 2, Renaissance Johor Bahru



Chairperson : **Dr Farihan bin Mohd Don**  
 Judges : **Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin**  
**Dr Mohd Azrin Bin Shahul Hamid**  
**Dr Sazali Bin Salleh**

	<b>Finalists</b>	<b>Title</b>
SGA 1	Dr See Zhi Huan	Footballer Ankle and Sinus Tarsi Syndrome
SGA 2	Dr Edika Khuzaimi bin Norman	Locked Chronic Posterior Shoulder Dislocation Treated With Resurfacing
SGA 3	Dr Muhammad Sajid bin Mohd Rafee	“Distal Clavicle Fracture Plate Fixation Reinforcement Using The Tightrope Techique” : A Case Report
SGA 4	Dr Arvinder Singh	ACL Graft Failure In A Young Athlete With Generelised Ligamentous Laxity
SGA 5	Dr Mohd Zhaiem bin Mohamad	Staged Surgeries In Multiligamentous Knee Injury Associated With Fractures
SGA 6	Dr Muhammad Najmi bin Ab Ghani	A Hidden Culprit: Patellar Osteochondral Fracture Masquerading as Anterior Cruciate Ligament Avulsion Fracture

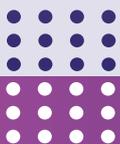




TIME	AGENDA	
	<b>BALLROOM 1 &amp; 2 (Level 2)</b>	
0700	<b>REGISTRATION COUNTER OPEN</b>	
<b>ICL 5 Osteotomy - My Way</b>		
Chairpersons	• <b>Dr Ahmad Farihan bin Mohd Don &amp; Assoc Prof Dr Mohd Fairudz bin Mohd Miswan</b>	
0800 - 0815	History And Indication	• <b>Dr Abdul Razak Hussin</b>
0815 - 0830	Role In Ligamentous Injuries	• <b>Associate Professor Dr Hamid Rahmatullah Abd Razak</b>
0830 - 0845	Rehabilitation Post Osteotomy	• <b>Dr Kamaljeet Singh Jaharan Singh</b>
0845 - 0900	Q & A	
<b>SYMPOSIUM 6 Difficult Meniscus - Save The Cushion</b>		
Chairpersons	• <b>Dr Yuzaimi bin Yaakub &amp; Dr Siva Thangaraju</b>	
0900 -0915	The Bad Meniscus-Saving It! (Flaps / Complex / Cleavage Horizontal Degenerative Tears)	• <b>Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin</b>
0915 - 0930	Meniscus Ramp - The Hidden Lesions	• <b>Dr Bea Kia Chuang</b>
0930 - 0945	Handling Posterior Root Tears - Repair vs Reconstruction	• <b>Professor Dr Lee Dhong Won</b>
0945 - 1000	Options To Salvage A Meniscus Deficient Knee	• <b>Professor Dr Lee Dhong Won</b>
1000 - 1030	Q & A	
1030 - 1100	Tea Break & Exhibit Visit	
1100 - 1200	<b>MAS Post-Graduate Quiz Championship (Final)</b> Moderators: Dr Low Chin Aun and Dr Sharifah Nor Amirah Alsagoff	
<b>PLENARY 3</b>		
Chairperson	• <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b>	
1200 - 1230	BPTB Graft - When Old Is Still Gold	• <b>Professor Dr Wan Hazmy Che Hon</b>
1230 - 1300	<b>Induction Ceremony Of New Arthroscopy Surgeons 2024</b> <b>AWARD WINNER ANNOUNCEMENT &amp; CLOSING CEREMONY</b>	
1300 onwards	End Of Conference Buffet Lunch @ Café BLD	



TIME	AGENDA	
	MEETING ROOM 5 & 6 (Level 2)	
	ICL 6 Other Knee Injury	
Chairpersons	• <b>Dr Arshad Puji &amp; Dr Ibrahim Bin Ahmad Fuad</b>	
0800 - 0810	Patella Tendinopathy	• Professor Dr Sudeep Satpathy
0810 - 0820	Iliotibial Band Syndrome	• Dr Malini Kerpaiah@Karupiah
0820 - 0830	Distal Hamstring Injuries In Athletes	• Dr Rozaiman Bin Ebrahim
0830 - 0840	Orthobiologics In Knee Injuries: Where Are We At?	• Dr Azril Syazwan Bin Mohd Ali
0840 - 0900	Q & A	
0900 - 1100	Main session will be held in Ballroom 1 & 2	
Chairperson	• <b>Dr Siva Thangaraju</b>	
1100 - 1200	<b>Free Paper Presentations</b>	





## FREE PAPER PRESENTATIONS

**Date** : 9<sup>th</sup> November 2024, Friday

**Time** : 1100-1200hrs

**Venue** : Meeting Room 5 & 6, Level 2, Renaissance Johor Bahru

**Chairperson** : Dr Siva Thangaraju

Presenters		Title
FPP 1	Dr Rajesh Rampal	Tibial Deflexion Osteotomy (TDO) In The Multiple Revised ACL Reconstruction, The Missing Piece?
FPP 2	Dr M H Vajira Siri a/l Sumana Siri	Neglected Irreducible Knee Dislocation Treated with Hexapod Frame
FPP 3	Dr Muhammad Ihsan bin Mohd Tusirin	Mapping the Path: Radiological Imaging for Effective Washout of Septic Shoulder
FPP 4	Dr Sashi Darshan Balakrishnan	Approach to Multiligament Knee Injury: To Wedge or Not To Wedge
FPP 5	Dr Sashi Darshan Balakrishnan	Augmented Glenoid Baseplate Right Reverse Shoulder Arthroplasty. A Case Report
FPP 6	Dr Abdullah Ammar bin Mohamed Ruslan	Grounded Jumper: A Case of Common Peroneal Nerve Palsy in Multiligament Knee Injury



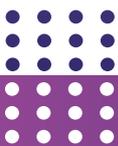


## E-POSTER PRESENTATIONS

Date : 7<sup>th</sup> –9<sup>th</sup> November 2024, Thursday - Sarurday

Venue : Ballroom Foyer, Level 2, Renaissance Johor Bahru

Poster ID		Title
EPO 1	LIEW HOE CHIN	Malpositioning of the Clavicle Tunnel in Tightrope Construct for Acromioclavicular Joint Disruption As a Cause of Failure
EPO 2	HRISHINILAAVENN A/L MUTHUSAMY	Arthroscopic Fixation of Chronic ACL Avulsion fracture
EPO 3	HRISHINILAAVENN A/L MUTHUSAMY	Neglected Osteochondral Fracture of Patella : To Fix or Not ?
EPO 4	SHARIFAH NOR AMIRAH ALSAGOFF	Unveiling the uncommon: A Rare Case of An Apophyseal Iliac Crest Avulsion Fracture
EPO 5	SHARIFAH NOR AMIRAH ALSAGOFF	An ACL ganglion cyst: A culprit for limitation in flexion
EPO 6	RAJESH RAMPAL	Posterolateral Tibial Plateau Bone Bruises In Anterior Cruciate Ligament (Acl) Injuries And Its Association With Lateral Meniscal Injuries
EPO 7	SHRI KAPILAN APPADURAI	Uncommon Cause Of Shoulder Pain - Paralabral Cyst Of The Shoulder
EPO 8	KATHIRAVAN A/L MURUGAN	Fractured Tools: Challenges Of Instrument Breakage In ACL Reconstruction
EPO 9	YOGARAJ A/L S.BALASUBRAMANIAM	A Rare Case of Isolated Injury to the Posterior Inferior Tibiofibular Ligament
EPO 10	AMIR FIRDAUS BIN ROZALI	A State of the Art: Arthroscopic ACL Avulsion Pulldown - A Case Report
EPO 11	NURULIZZAH IBRAHIM	Clinical Outcome for Treatment Of Long Head Biceps Disorders With Interval Tenodesis in An Urban Malaysian Hospital – Case Series
EPO 12	NURULHASYIM BIN SAPARAI	Outcome Of Peroneus Longus Tendon Autograft In ACL Reconstruction Surgery: A Case Series
EPO 13	SHARIFAH NOR AMIRAH ALSAGOFF	ACL Reconstruction in the Presence of a Solitary Osteochondroma: A Case Report
EPO 14	LEE SHANNON	Case Report : Ehlers-Danlos Syndrome In Adolescent Presenting With Unilateral Knee Pain





## E-POSTER PRESENTATIONS

Date : 7<sup>th</sup> –9<sup>th</sup> November 2024, Thursday - Sarurday

Venue : Ballroom Foyer, Level 2, Renaissance Johor Bahru

Poster ID		Title
EPO 15	ANIS ANWAR BIN ZAHARI	Challenges in Reverse shoulder arthroplasty for four - part fracture of proximal humerus: UPM experience
EPO 16	THIRUKUMARAN A/L KRISHNAN	Bone Patella Tendon Bone Graft Anterior Knee Pain: Facts Or Myth
EPO 17	LIM WEI KUAN	Long Head Bicep Tendon and Subscapularis Tear: A Rare Injury in Arm Wrestling
EPO 18	MUHAMAD NURUDDIN BIN MOHD YUSOF	Irreducible Chronic Shoulder Dislocation in Elderly
EPO 19	ROSHYN SINGH KHOSA A/L HERJIT SINGH	Unveiling Tuberculosis in a Patient with Pigmented Villonodular Synovitis (PVNS) of the Knee
EPO 20	LING JIAN LOONG	Ramp It From The Front
EPO 21	MOHD ZHAJEM BIN MOHAMAD	Addressing Decade Long Chronic Knee Patellar Instability With Cartilage Injury
EPO 22	NISHAND GURUSEELAN	Combining Precision and Stability: Arthroscopic-Assisted Tibial Plateau Fixation with ACL Pulldown - A Case Report
EPO 23	NISHAND GURUSEELAN	"Reviving Stability: Posterolateral Corner Reconstruction with a Single Bundle Hamstring Graft" in a Multiligamentous Knee Injury
EPO 24	NUR DINI MOHD YUSOF	Feeble Distal Pulses: An Unexpected Early Complication Following Anterior Cruciate Ligament Reconstruction Surgery
EPO 25	ZULFAHRIZZAT BIN SHAMSUDIN	Battling Pain : Iliac Crest Apophysis Stress Injury in a Young Soccer Athlete



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