

### SOUVENIER PROGRAMME









**Malaysian Arthroscopy Society Annual Scientific Meeting 2024** 

# **RE-HINGING THE KNEE**

**Optimizing Care in Knee Surgery** and Rehabilitation





November 2024



Renaissance Johor Bahru

### PRE-CONGRESS WORKSHOPS

6th Nov 2024

- Advanced Knee Lab Cadaveric Workshop @ Newcastle University
- Sports Medicine Ultrasound-guided Workshop @ Renaissance Johor Bahru

### MAIN CONGRESS

7th ~ 9th Nov 2024

 Annual Scientific Meeting @ Renaissance Johor Bahru



For more updates, please visit our official website at masasm.org



### Malaysian Arthroscopy Society Annual Scientific Meeting 2024



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### CONFERENCE INFORMATION

#### OFFICIAL CONFERENCE VENUE

#### Renaissance Johor Bahru

NO. 2, Jalan Permas 11, Bandar Baru Permas Jaya, Johor Bahru 81750, Malaysia.

## DELEGATE AND SPEAKER REGISTRATION COUNTER OPENING HOURS

 $6^{\text{th}}$  November 2024, Wednesday : 1130 – 1700hrs  $7^{\text{th}}$  November 2024, Thursday : 0700 – 1700hrs  $8^{\text{th}}$  November 2024, Friday : 0700 – 1700hrs  $9^{\text{th}}$  November 2024, Saturday : 0700 – 1200hrs

#### **PARKING**

Meeting guest: RM5.00 upon validation In-house guest: Complimentary Validating machine is located at Level 2 (same floor with the conference halls.) Touch n Go cards can be validated here as well.

#### **CPD POINTS**

CPD points will be awarded to all delegates who attend the conference. The organiser will submit the attendance list to MMA for CPD accreditation 1 week after the conference.

## SHUTLLE TO THE MOSQUE (FRIDAY PRAYERS) Masjid Permas Jaya

8<sup>th</sup> November 2024, Friday (only) Pick-up from hotel lobby : 1245hrs Pick-up from the mosque : 1330hrs Travelling distance : 2km

#### PRAYER ROOM

The prayer room for Muslim delegates is available on Level 2.

### LANYARD

Only those with lanyards and name badge will be allowed into the conference area.

#### **E-POSTERS**

E-posters are available on the E-Poster Panels located at the Exhibition and foyer area.

#### **SOUVENIER PROGRAMME**

This Souvenier Programme Booklet was prepared in good faith and is correct at the time of printing. There may be changes in the programme. We apologise for any inadvertent errors which may be present.

#### **LOST & FOUND**

The organisers and secretariat will not be held liable in cases of loss, theft or damage to personal belongings. Any found items may be brought to the registration counter.

#### **E-CERTIFICATE OF ATTENDANCE**

Certificate of attendance will be available after the conference. Delegates are required to login to the delegate dashboard on the conference website and complete a feedback form before downloading the certificate.

#### **CONFERENCE SECRETARIAT**

Email: ConfSec2024@masasm.org

c/o LE EVENTS SDN BHD

13-1, 1st Floor, Jalan Puteri 1/4,

Bandar Puteri Puchong, 47160, Puchong, Selangor

Email: askme@le-events.com

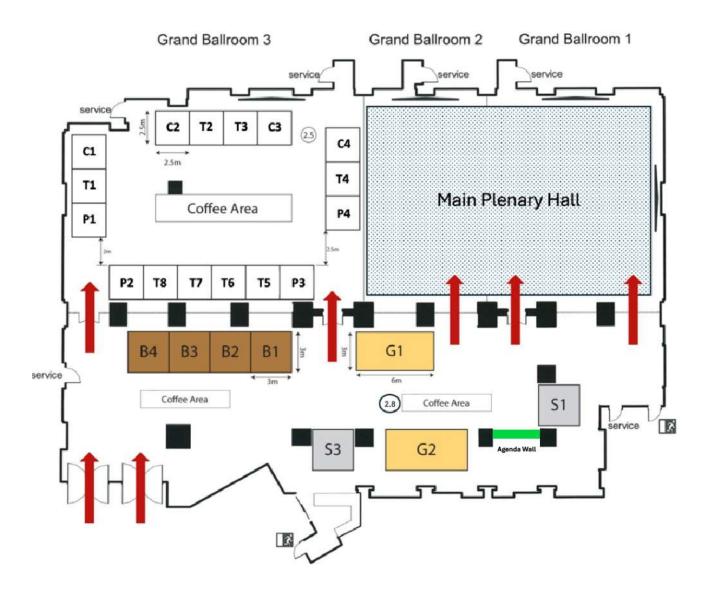
Tel: +603 8051 8559 +6016 663 6452

Website: le-events.com





### **VENUE AND EXHIBITION FLOOR PLAN**



GRAND BALLROOM FOYER			
GOLD	G01	Medsyn Sdn Bhd	
	G02	Transmedic Healthcare Sdn Bhd	
SILVER	S01	Athrotech Sdn Bhd Arthrofix Surgical Sdn Bhd	
	S03	BIOTEK - Chetan Meditech Private Limited	
BRONZE	B01	Zimmer Medical (Malaysia) Sdn Bhd	
	B02	Smith & Nephew Healthcare Sdn Bhd	
	B03	Icon Medic Sdn Bhd	
	B04	Qingdao Zhixing Medical Equipment Co Ltd	
BALLROOM 3			
PREMIUM CORNER	P01	Primo Orthocare Sdn Bhd	
	P02	Beijing Jewis Technology Ltd	
	P03	Hyphens Pharma Sdn Bhd	
	P04	Surgiteq Healthcare Sdn Bhd	

BALLROOM 3		
CORNER	C01	MJ Surgical
	C02	CIMed Healthcare Sdn Bhd
	C03	PhilosMed Marketing Sdn Bhd
	C04	Arah Tenang Sdn Bhd
STANDARD	T01	Unam Pharmaceutical (M) Sdn Bhd
	T02	Syarikat Wellchem Sdn Bhd
	T03	Hoe Pharmaceuticals Sdn Bhd
	T04	
	T05	Brego Life Sciences Sdn Bhd
	T06	Medicwave (M) Sdn Bhd
	T07	ActiveMed Sdn Bhd
	T08	Prime Medical Concepts Sdn Bhd







# WELCOME MESSAGE FROM THE PRESIDENT OF THE MALAYSIAN ARTHROSCOPY SOCIETY (MAS)

Dear Respected Members of the Malaysian Arthroscopy Society,

It is with great pleasure that I extend my warmest welcome to each of you as we embark on the journey towards our 11<sup>th</sup> Annual Scientific Meeting and Annual General Meeting. As your President, I am honoured to lead this society into this milestone event, marking yet another year of advancement and excellence in the field of sports surgery and arthroscopy.

I would like to take this opportunity to express my deepest gratitude to the Organizing and Scientific Committee Members for their unwavering dedication and tireless efforts in shaping this year's conference. Their commitment and hard work have been instrumental in ensuring that this event promises to be a memorable and enriching experience for all attendees.

As we gather in Johore Baharu from the 7<sup>th</sup> to the 9<sup>th</sup> of November 2024, I am optimistic that our Annual Scientific Meeting will serve as a platform to foster meaningful exchanges of knowledge, insights, and experience in managing sports injuries all over the country. I urge each member to actively participate in this event, not only in terms of delegate numbers but also through enthusiastic program attendance, scientific paper submissions, and engagement during the scientific sessions as well as during our AGM.

Together, let us seize this opportunity to celebrate our collective achievements, learn from one another, and chart the course for the future of arthroscopy in Malaysia.

I look forward to welcoming you all to Johore Baharu for what promises to be a memorable and impactful 11<sup>th</sup> conference of our beloved society.

Warmest Regards,

**Assoc Prof Dr Mohd Nizlan bin Mohd Nasir** 

President

Malaysian Arthroscopy Society

### MALAYSIAN ARTHROSCOPY SOCIETY COUNCIL MEMBERS 2023-2025

President Associate Professor Dr Mohd Nizlan bin Mohd Nasir Vice President Col Dr Kok Choong Seng (R)

Vice PresidentCol Dr Kok Choong Seng (R)SecretaryAssociate Professor Dr Teo Seow Hui

Assistant Secretary
Treasurer
Dato' Dr Shahrulazua bin Ahmad
Associate Professor Dr Raymond Yeak Dieu Kiat

Dr Mohd Azrin bin Shahul Hamid

Dr Harjeet Singh Dr Sazali bin Salleh

Dr Abdul Razak bin Hussin

Regional Representatives Associate Professor Dr Mohd Fairudz bin Mohd Miswan (Central)

Dr Vicknesh Anandan (Northern)

Asst. Professor Dr Khairul Nizam bin Siron (East Coast) Dr Darhaysyam Al Jefri Mohamed Muslim (Southern)

Dr Leong Wan Hee (East Malaysia)

Past Presidents Dr Hishamudin bin Masdar Professor Dr Wan Hazmy bin Che Hon

Maj Gen Dato' Dr Mohammad Amirrudin bin Hamdan (R)

Col Dr Azmi bin Abdul Latif (R) Datuk Dr Mohd Asri bin Abd Ghapar



**Exco** 

**Auditors** 





# WELCOME MESSAGE FROM THE ORGANISING CHAIRMAN OF THE 11<sup>th</sup> MAS ASM 2024

A warm welcome to all! As the Organising Chairman, I am enamoured by the faith of our honorable President in entrusting me with this monumentous task.

2024 marks the entry of Malaysian Arthroscopy Society (MAS) to the second decade of existence since its inaugural launch on the 19<sup>th</sup> March, 2013.

We hope to continue the great progress of the past decade and would like to take this opportunity to thank you, our members and industry partners for your contributions in all the varied ways and methods, building the Society to its current state.

Latching on to the theme of the previous ASM, we present with great glee, the 11<sup>th</sup> Malaysian Arthroscopy Society Annual Scientific Meeting (11<sup>th</sup> MAS ASM 2024) which will be held at Renaissance Hotel Johor Bahru from 6<sup>th</sup> to 9<sup>th</sup> November 2024, the first MAS ASM at the Southern State of Johor which I am proud to say is my home State. The theme, "Re-hinging the Knee – Optimizing Care in Knee Surgery and Rehabilitation," reflects our unwavering dedication to continue pushing the boundaries and advancing further in patient care as we charge ahead into the next 10 years and beyond.

Our committee has endeavoured to organize a wholesome mix of topics to make this a potential blockbuster event. We have planned other sessions such as an exciting pre-congress event programme and visits to the sporting stadiums and sporting rehabilitation centres in Johor Bahru. In clinical practice, we learn every day. We learn from colleagues, we learn from patients and last but not the least, we learn from both our successes and mistakes. The meeting is going to be in-person, as we all appreciate the importance of networking and socialising with all stakeholders to learn and progress together as one cohesive unit.

We extend a warm welcome to everyone to join us for another successful and remarkable conference.

BERSATU TEGUH, BERCERAI ROBOH!

Warmest Regards, **Dr Harjeet Singh** Organising Chairman 11<sup>th</sup> MAS ASM 2024

### 11th MALAYSIAN ARTHROSCOPY SOCIETY ASM ORGANISING COMMITTEE

Advisor Organising Chairman Organising Co-Chairman Organising Committee

Scientific Chairman Scientific Co-Chairman Scientific Committee Associate Professor Dr Mohd Nizlan bin Mohd Nasir

Dr Harjeet Singh

Dr Zulkifli bin Hassan

Dr Mohd Firdaus bin Abdullah

Dr Ibrahim bin Ahmad Fuad

Dr Darhaysyam Al Jefri Mohamed Muslim

Associate Professor Dr Mohd Fairudz bin Mohd Miswan

Dr Siva Thangaraju

Associate Professor Dr Teo Seow Hui

Dr Mohd Rusdi bin Abdullah

Dr Kamarulzaman bin Haji M.S Kadir

Dr Kamaljeet Singh

Dr Ahmad Farihan bin Mohd Don

Dr Leong Yung Chin





# PROGRAMME

7<sup>th</sup> November 2024, Thursday Time: 0930 –1115hrs

Time	Agenda
0930hrs	Entrance of Guest of Honour into Main Ballroom  Mr Khairy Jamaluddin Johor Youth Advisor, Johor Darul Ta'zim
	Accompanied by <b>Associate Professor Dr Mohd Nizlan bin Mohd Nasir</b> President of the Malaysian Arthroscopy Society (MAS)
	<b>Dr Harjeet Singh Puran Singh</b> Organising Chairman of the 11th MAS ASM 2024
	<b>Dr Zulkifli bin Hassan</b> Co-organising Chairman of the 11th MAS ASM 2024
	Associate Professor Dr Mohd Fairudz bin Mohd Miswan Scientific Chairman of the 11th MAS ASM 2024
	<b>Dr Siva Thangaraju</b> Co-Scientific Chairman of the 11th MAS ASM 2024
0935hrs	National Anthem 'Negaraku'
0940hrs	Welcome Note by Emcee Prayer Recital by <b>Associate Professor Dr Mohd Fairudz bin Mohd Miswan</b>
0945hrs	Welcome Address by  Dr Harjeet Singh Puran Singh  Organising Chairman of the 11th MAS ASM 2024
0950hrs	Foreword Note by  Associate Professor Dr Mohd Fairudz bin Mohd Miswan Scientific Chairman of the 11th MAS ASM 2024
0955hrs	Welcome Speech by  Associate Professor Dr Mohd Nizlan bin Mohd Nasir  President of the Malaysian Arthroscopy Society
1000hrs	Opening Speech and Keynote Lecture
	Health & Sports For All  Mr Khairy Jamaluddin Johor Youth Advisor, Johor Darul Ta'zim Guest of Honour
1030hrs	Official Opening by the Guest of Honour
1035hrs	Exhibition booths visit
	<b>Mr Khairy Jamaluddin</b> Johor Youth Advisor, Johor Darul Ta'zim
	Accompanied by
	Associate Professor Dr Mohd Nizlan bin Mohd Nasir President of the Malaysian Arthroscopy Society (MAS)
	<b>Dr Harjeet Singh Puran Singh</b> Organising Chairman of the 11th MAS ASM 2024
	<b>Dr Zulkifli bin Hassan</b> Co-organising Chairman of the 11th MAS ASM 2024
	Associate Professor Dr Mohd Fairudz bin Mohd Miswan Scientific Chairman of the 11th MAS ASM 2024
	<b>Dr Siva Thangaraju</b> Co-Scientific Chairman of the 11th MAS ASM 2024
1100hrs	Announcement of Memorandum of Understanding (MoU) with IOSSMA
1115hrs	End of Ceremony

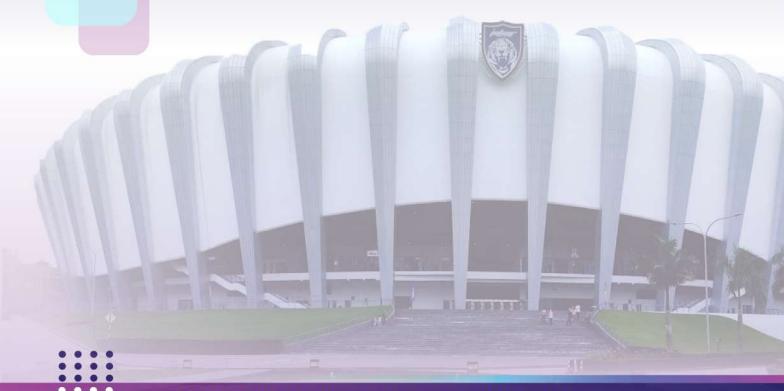


"Health & Sports for All"



Mr Khairy Jamaluddin Abu Bakar

Johor Youth Advisor, Johor Darul Ta'zim





### INTERNATIONAL FACULTY



Professor Elvire Servien FRANCE



**Dr Dave Lee Yee Han**SINGAPORE



Professor Sudeep Satpathy



Professor Dr Bancha Chernchujit THAILAND



Professor Lee Dhong Won SOUTH KOREA



Associate Professor Hamid Rahmatullah Bin Abd Razak SINGAPORE



Dr Mohammad Ashik Bin Zainuddin SINGAPORE



Dr Ashok Selvaraj



Dr Aldo Fransiskus Marsetio



Dr Muhammad Pramana Khalilul Harmi INDONESIA



Dr Muhammad Sakti
INDONESIA



Dr Romy Deviandri



Dr Adisa Yusuf Reksoprodjo





### **LOCAL FACULTY**



Dr Roshan Gunalan MALAYSIA



Professor Dr Abdul Halim Mokhtar MALAYSIA



Dr Noor Azmi Bin Mohamad Nor MALAYSIA



Dr Mohd Azrin Bin Shahul Hamid MALAYSIA



Professor Dr Ng Wuey Min MALAYS/A



Dr Mohd Fakhrulsani Bin Abdul Hamid MALAYSIA



Dr Rajesh Rampal MALAYSIA



Associate Professor Dr Teo Seow Hui MALAYSIA



Datuk Dr Mohd Asri Abd Ghapar MALAYSIA



Dr Bazam Bin Abdul Rani MALAYSIA



Dr Azril Syazwan Bin Mohd Ali MALAYSIA



Dr Ibrahim Bin Ahmad Fuad

MALAYSIA



Dr Arshad Bin Puji MALAYSIA



Dr Hishamudin Bin Masdar MALAYSIA



Dr Siti Hajar Binti Omar MALAYSIA



Dr Mohd Firdaus Bin Abdullah MALAYSIA





### **LOCAL FACULTY**



Dr Izan Bin Ibrahim

MALAYSIA



Dr Siti Hawa Tahir MALAYSIA



Associate Professor
Dato' Dr Badrul Akmal Hisham
Md. Yusoff

MALAYSIA



Dr Harjeet Singh Puran Singh



Associate Professor Dr Mohd Nizlan Bin Mohd Nasir MALAYSIA



Dr Kamaljeet Singh Jaharan Singh MALAYSIA



Dr Ariff Sukimin Mohammad Shukri MALAYSIA



Dr Abdul Razak Hussin MALAYSIA



Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin MALAYSIA



Dr Bea Kia Chuang MALAYSIA



Dr Sazali Bin Salleh



Professor Dr Wan Hazmy
Che Hon
MALAYSIA



Dr Malini Kerpaiah @ Karupiah MALAYSIA



Dr Rozaiman Bin Ebrahim

MALAYSIA



Dr Moganadass Muniandy

MALAYSIA





11th Malaysian Arthroscopy Society Annual Scientific Meeting 2024

### **Pre-congress Advanced Knee Cadaveric Workshop**

6<sup>th</sup> Nov 2024

Venue: Wet Lab, Newcastle University, Jalan Sarjana 1, Educity, 79200, Iskandar Puteri, Johor.

#### SHUTTLE BUS TIMETABLE TO/FROM THE VENUE

- Pick-up from Renaissance Hotel JB: 1100hrs
- Pick-up from Newcastle University : 1815 1830hrs

#### **COURSE CHAIRPERSON**

Dr Samsudin bin Osman Cassim

#### **FACULTY**

- Dato' Dr Badrul Akmal Hisham
- Mr Ahmad Farehan Mohd Don
- Mr Ilyaas bin Ali Noor

Time	Agenda	Facilitator
1300 - 1345	Arrival & Lunch	
1345 - 1350	Registration	
1350 - 1400	Welcome and Learning objective for the day	Mr Samsudin bin Osman Cassim
1400 - 1410	Graft Prep for All Inside	Mr Samsudin bin Osman Cassim
1410 - 1425	Positioning the tunnels	Dato' Dr Badrul Akmal Hisham
1425 - 1440	The Hybrid Method	Mr Samsudin bin Osman Cassim
1440 - 1450	The Root Repair tips & Tricks	Mr Ilyaas bin Ali Noor
1450 - 1500	Q&A and Proceed to Gown Up	
1500 - 1730	Hands-On Session	All Participants
1730 - 1750	Case Discussion & Evaluation	





11th Malaysian Arthroscopy Society Annual Scientific Meeting 2024

### Pre-congress Sports Medicine Ultrasound-guided Workshop

6<sup>th</sup> Nov 2024 I Meeting Room 5 & 6, Level 2 | Renaissance Johor Bahru, Malaysia.

Station /	Station 1	Station 2	Station 3	Station 4	Station 5
Time (hrs)	Anterior Knee	Posterior Knee	Anterior Thigh: Proximal to distal	Posterior Thigh: Proximal to distal	
Participants	5 paxs per station				
Facilitator	Dr Malini Kerpaiah @ Karupiah	Dr Azril Syazwan bin Mohd Ali	Dr Arshad bin Puji	Dr Mohd Fakhrulsani bin Abdul Hamid	
1130 - 1300	Registration (Meeting Room 5 & 6 Foyer, Level 2)				
1300 – 1315	Welcome, introduction and explanation on the flow by the Moderator (Dr Kamaljeet Singh Jaharan Singh) Practice Station				
1315 - 1320	Facilitators will do a brief introduction about USG machine (frequency, different probes, usage etc)				
1320 – 1400	Group A	Group B	Group C	Group D	
1400 – 1440	Group D	Group A	Group B	Group C	
1440 – 1520	Group C	Group D	Group A	Group B	
1520 – 1600	Group B	Group C	Group D	Group A	
1600	End of workshop				

<sup>\*</sup> Duration for each session: 40 mins (First 5-10 mins demonstrate by the facilitator, followed by 30-35 mins hands-on for the participants)

Station 1	Station 2	Station 3	Station 4
Anterior Knee	Posterior Knee	Posterior Thigh: Proximal to distal	Posterior Thigh: Proximal to distal
<ul> <li>Quadriceps tendon &amp; suprapatellar recess/bursa</li> <li>Patella tendon</li> <li>Medial &amp; Lateral Meniscus</li> <li>MCL &amp; LCL</li> <li>Pes Anserine</li> <li>Genicular nerves</li> </ul>	Medial  Medial femoral condyle  Semi-membranosus  Posterior medial meniscus  Medial head of gastroc  Lateral  Lateral femoral condyle  Distal biceps femoris  Posterior lateral meniscus  Lateral head of gastric  Central  Popliteus  Popliteus	■ Femur ■ Femoral artery, vein, nerve ■ Sartorius ■ Vastus medialis, lateralis, intermedius ■ Gracilis ■ Adductors (magnus, brevis, longus) ■ Rectus femoris ■ Obturator nerve ■ Femoral triangle ■ Adductor canal ■ Saphenous nerve ■ Tensor fascia lata	■ Biceps femoris ■ Semi-tendinosus ■ Semi-membranosus ■ Sciatic nerve ■ Adductor magnus





### **DETAILED PROGRAMME**

# Pre-congress Workshops



6<sup>th</sup> Nov 2024 | Wednesday

Start	End	JDT Tour	
0800		Registration Counter Open @ Renaissance JB Hotel Main Lobby	
0830	0845	Coach pick-up from Renaissance JB to JDT Stadium*by reservation only	
0945	1100	JDT Tour	
1100 Pick-up from JDT Stadium and return to Renaissance JB		Pick-up from JDT Stadium and return to Renaissance JB	
1145		Arrive at Renaissance JB Freshen-up	

Start	End	Pre-congress Advanced Knee Lab Cadaveric Workshop	Newcastle University	
1100		Pick-up from Renaissance JB Hotel Main Lobby		
1200		Arrive at Newcastle University		
1200	1300	Registration and Lunch		
1300	1750	Pre-congress Advanced Knee Lab Cadaveric Workshop		
1750		End of Pre-congress workshop		
1800		Pick-up from Newcastle University and return to Renaissance JB		

Start	End	Pre-congress Sports Medicine Ultrasound-guided Workshop	Meeting Room 5 & 6, Level 2, Renaissance Johor Bahru	
1130	1300	Registration and Lunch *Buffet lunch will be served @ Café BLD for Ultrasound Workshop participants only from 1200hrs onwards		
1300	1600	Pre-congress Sports Medicine Ultrasound-guided Workshop		
1600		End of Pre-congress workshop		



0845 - 0900

0900 - 0930

Q & A



Dr Low Chin Aun & Dr Sharifah Nor Amirah Alsagoff



# MAIN CONGRESS DAY 1 7th November 2024 | Thursday

TIME	AGENDA				
	BALLROOM 1 & 2 (L	evel 2)			
0700	REGISTRATION COU	NTER OPEN			
	ICL 1 Paediatric Knee				
Chairpersons	Dr Siva Thangaraju & Dr Leong Yung Chi	n			
0800 - 0810	Discoid Meniscus	Dr Roshan Gunalan			
0810 - 0820	Patella Instability in Children & Adolescents	Professor Dr Elvire Servien			
0820 - 0830	ACL In Children & Adolescents	Dr Mohammad Ashik Bin Zainuddin			
0830 - 0840	Injury Prevention in Young Athletes	Professor Dr Abdul Halim Mokhtar			
0840 - 0900	Q & A				
0900 - 0930	General Quiz ( I should know about )				
0930 - 11.00	• KEYNOTE LECTURE ► Health & Sports For All • Mr Khairy Jamaluddin • OPENING CEREMONY • MoU with IOSSMA				
	MEETING ROOM 5 & 6 (Level 2)				
ICL 2 Revision ACL					
Chairpersons	<ul> <li>Dr Kamarulzaman bin Haji M.S Kadir &amp; D</li> </ul>	r Mohd Rusdi bin Abdullah			
0800 - 0815	Why Do ACL Fails? Prevention And Predictions	Dr Mohd Azrin Bin Shahul Hamid			
0815 - 0830	1 or 2 stage ACL Reconstruction, Grafts Choices and Additional Procedure	Professor Dr Ng Wuey Min			
0830 - 0845	Rehabilitation In ACL Re-Tears - Preop and Postop	Dr Mohd Fakhrulsani Bin Abdul Hamid			

MAS Post - Graduate Quiz Championship (Part 1)

**Moderators:** 





## MAIN CONGRESS DAY 1 7th November 2024 | Thursday

TIME	AGENDA				
	BALLROOM 1 & 2 (Level 2)				
	SYMPOSIUM 1 Advancement ACL				
Chairpersons	Dr Kamarulzaman bin Haji M.S Kadir & Dr Yuzaimi bin Yaakub				
1100 - 1115	Evolving Anatomy Of ACL and ALL	Dr Rajesh Rampal			
1115 - 1130	Evolution of ACL Surgery with Graft and Fixation Method	• Associate Professor Dr Teo Seow Hui			
1130 - 1145	Latest Trend of ACL Reconstruction	• Dr Mohammad Ashik Bin Zainuddin			
1145 - 1200	ACL Plus Procedures (Osteotomy / ALL) - When and How?	Professor Dr Elvire Servien			
1200 - 1230	Q & A				
	Lunch Symposium (Sponsored by Smith & Nephew)				
Chairperson	Dr Sazali Bin Salleh				
1230 - 1315	Complex Meniscus Tear Repair - Journey Towards Chondroprotection *Bento Lunch will be served when session starts	Dr Moganadass Muniandy			
1315 - 1400	Exhibit Visit				
	SYMPOSIUM 2 PCL - Back To Basic				
Chairpersons	<ul> <li>Dr Mohd Rusdi bin Abdullah &amp; Dr Sazali Bin Salleh</li> </ul>				
1400 - 1415	Clinical Diagnosis Of PCL Injuries	Datuk Dr Mohd Asri Abd Ghapar			
1415 - 1430	Early Management Of PCL Injuries And Knee Dislocation	Dr Bazam Bin Abdul Rani			
1430 - 1445	PCL Reconstruction Technique	Professor Dr Bancha Chernchujit			
1445 - 1500	Tips And Tricks In PCL Reconstruction Revision	Professor Dr Bancha Chernchujit			
1500 - 1530	Q & A				
	SYMPOSIUM 3 Rehabilitation Concepts Of The Knee	e			
Chairpersons	Dr Malini Kerpaiah@Karupiah & Dr Mohd Fakhrulsani bin Abd	ul Hamid			
1530 - 1545	Artificial Intelligence in Sports: Averting Injuries And Prolonging Career Longevity	Professor Dr Sudeep Satpathy			
1545 - 1600	Criteria To Returns To Sports After ACL Reconstruction	Dr Azril Syazwan Bin Mohd Ali			
1600 - 1615	Does The Rehab Differ In Different Meniscus Surgeries?	Dr Ibrahim Bin Ahmad Fuad			
1615 - 1630	Rehabilitation Strategies Following A Multi-Ligamentous Reconstruction	Dr Arshad Bin Puji			
1630 - 1700	Q & A				
1630	End of Day 1				
1800 - 2100	Faculty Dinner (Off-Site)				





# MAIN CONGRESS DAY 2 8th November 2024 | Friday

TIME	AGENDA			
	BALLROOM 1 & 2	(Level 2)		
0700	REGISTRATION COU	INTER OPEN		
	ICL 3 Everything About MPFL			
Chairpersons	Dr Leong Yung Chin & Dr Nurhanani Bir	nti Abu Bakar		
0800 - 0810	Clinical Evaluation In PFI	Dr Hishamudin Bin Masdar		
0810 - 0820	Imaging In Patellofemoral Instability	Dr Siti Hajar Binti Omar		
0820 - 0830	MPFLR +- Lateral Retinaculum Release	<ul> <li>Professor Dr Elvire Servien</li> </ul>		
0830 - 0840	Bony Procedure In PFI	<ul> <li>Professor Dr Elvire Servien</li> </ul>		
0840 - 0900	Q & A			
	SYMPOSIUM 4 Chondral Injury - The Real	Strategy		
Chairpersons	Dr Abdul Razak Hussin & Dr Shri Kapilar	n		
0900 - 0915	Cartilage Injury - To Treat or Not To Treat	Dr Mohd Firdaus Bin Abdullah		
0915 - 0930	Scaffold Surgery With Subchondroplasty	Dr Izan Bin Ibrahim		
0930 - 0945	Cartilage Scaffold Surgery - HKL Experience	Dr Siti Hawa Tahir		
0945 - 1000	Stem Cell Treatment - Where Are We Now?	<ul> <li>Associate Professor Dato' Dr Badrul Akmal Hisham Md. Yusoff</li> </ul>		
1000 - 1030	Q & A			
1030 - 1100	Tea Break & Exhibit Visit			
	PLENARY 1			
Chairperson	<ul> <li>Dr Kamaljeet Singh Jaharan Singh</li> </ul>			
1100 - 1130	Rehabilitation Strategies Post ACL Reconstruction : How Fast Can We Go?	<ul> <li>Dr Harjeet Singh Puran Singh</li> <li>Associate Professor Dr Mohd Nizlan Bin Mohd Nasir</li> <li>Dr Arshad Bin Puji</li> <li>Dr Kamaljeet Singh Jaharan Singh</li> </ul>		





# MAIN CONGRESS DAY 2 8th November 2024 | Friday

	TIME			
	MEETING ROOM 5 & 6 (Level 2)			
	ICL 4 Meniscus - My Thoughts			
	Chairpersons	Dr Yuzaimi bin Yaakob & Dr Kamarulzaman bin I	Haji M.S Kadir	
	0800 - 0810	Current Concept Anatomy Repair & Classification	Dr Noor Azmi Bin Mohamad Nor	
	0810 - 0820	Acute Locking Knee - Approach To Bucket Handle Tear	<ul> <li>Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin</li> </ul>	
	0820 - 0830	The Radial Tear - Resect Or Repair	Dr Bea Kia Chuang	
	0830 - 0840	The Options Post Meniscectomy	Dr Sazali Bin Salleh	
	0840 - 0900	Q & A		
	0900 - 1400	Main session will be held in Ballroom 1 & 2		
	'			
		Special Session by IOSSMA		
Chairpersons • Dr Kamarulzaman bin Haji M.S Kadir and Dr Mohd Rusdi bin Abdullah			nd Rusdi bin Abdullah	
	1400 - 1410	Reconstruction Bilateral Neglected ACL Tear After A Year Injury	<ul> <li>Dr Muhammad Pramana Khalilul Harmi</li> </ul>	
	1410 - 1420	The Role of Lateral Extra Articular Tenodesis in ACL Reconstruction & High Grade Anterior Knee Instability	Dr Muhammad Sakti	
	1420 - 1430	Prevention and Management of Arthrofibrosis After Knee Arthroscopy	Dr Aldo Fransiskus Marsetio	
	1430 - 1440	The Essential of Patient Reported Outcomes Measurement (PROMs) For Evaluating The Treatment of ACL Injury	Dr Romy Deviandri	
	1440 - 1450	Management of The Neglected Knee Dislocation : Let's Discuss The Best Startegy	Dr Adisa Yusuf Reksoprodjo	
	1450 - 1500	Q & A		



## MAIN CONGRESS DAY 2 8th November 2024 | Friday

TIME	AGENDA		
	BALLROOM 1 & 2 (Level 2)		
PLENARY 2			
Chairperson	Dr Siva Thangaraju		
1130 - 1140	Does Your Aspiration Achieved After 10 Years?	Dr Hishamudin Bin Masdar	
1140 - 1150	Your Strategy For Next Decade	Datuk Dr Mohd Asri Abd Ghapar	
1150 - 1200	Q & A		
	Lunch Symposium (Sponsored by BiotekOrtho)		
Chairperson	Dr Harjeet Singh Puran Singh		
1200 - 1245	Meniscus Matter	Dr Ashok Selvaraj	
1245 - 1400	Exhibit Visit & Friday Prayer Buffet Lunch @ Café BLD"		
Chairperson	Dr Leong Yung Chin		
1400 - 1500	Azmi Abdul Latif Award Presentation @ Ballroom 1 & 2		
Chairperson	n • Dr Farihan bin Mohd Don		
1400 - 1500	Sanushi Ghani Award Presentation @ Ballroom Foyer		
	SYMPOSIUM 5 PLC & MCL - The Update		
Chairpersons	• Dr Mohd Rusdi bin Abdullah & Dr Ahmad Farihan bin	Mohd Don	
1500 - 1515	Management Of The MCL In Multi-Ligament Injury From Knee Dislocation	Dr Siti Hawa Tahir	
1515 - 1530	Reconstruction Of The MCL • Dr Dave Lee Han Yee		
1530 - 1545	Treatment Of Acute & Chronic PLC Cases  • Dr Ariff Sukimin Mohammad Shu		
1545 - 1600	Surgical Management Of Injuries Of The Lateral  • Dr Dave Lee Han Yee Side Of The Knee		
1600 - 1630	Q & A		
1630 - 1900	MAS AGM		
1900	End of Day 2		



Date : 8<sup>th</sup> November 2024, Friday

Time : 1400-1500hrs

Venue: Ballroom 1 & 2, Level 2, Renaissance Johor Bahru

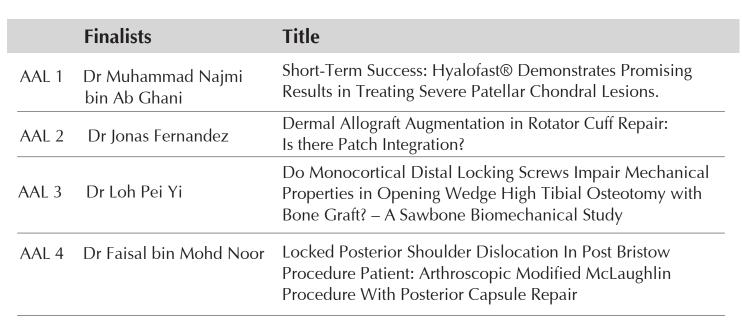
Chairperson : **Dr Leong Yung Chin** 

Judges : **Professor Dr Elvire Servien** 

Professor Dr Wan Hazmy Che Hon

Associate Professor Dato' Dr Badrul Akmal Hisham Md. Yusoff

For Best Free Paper Oral Presentation







Date: 8th November 2024, Friday

Time :1400-1500hrs

Venue: Ballroom Foyer, Level 2, Renaissance Johor Bahru

Sanusi Ghani Award For Best Free Paper Poster Presentation

Chairperson

: Dr Farihan bin Mohd Don

Judges

: Professor Dr Tengku Muzaffar Bin Tengku Mohamed Shihabudin

**Dr Mohd Azrin Bin Shahul Hamid** 

Dr Sazali Bin Salleh

	Finalists	Title
SGA 1	Dr See Zhi Huan	Footballer Ankle and Sinus Tarsi Syndrome
SGA 2	Dr Edika Khuzaimi bin Norman	Locked Chronic Posterior Shoulder Dislocation Treated With Resurfacing
SGA 3	Dr Muhammad Sajid bin Mohd Rafee	"Distal Clavicle Fracture Plate Fixation Reinforcement Using The Tightrope Techique" : A Case Report
SGA 4	Dr Arvinder Singh	ACL Graft Failure In A Young Athlete With Generelised Ligamentous Laxity
SGA 5	Dr Mohd Zhaiem bin Mohamad	Staged Surgeries In Multiligamentous Knee Injury Associated With Fractures
SGA 6	Dr Muhammad Najmi bin Ab Ghani	A Hidden Culprit: Patellar Osteochondral Fracture Masquerading as Anterior Cruciate Ligament Avulsion Fracture







TIME	TIME AGENDA		
	BALLROOM 1 & 2 (Level 2)		
0700	0700 REGISTRATION COUNTER OPEN		
	ICL 5 Osteotomy - My Way		
Chairpersons	Chairpersons • Dr Ahmad Farihan bin Mohd Don & Assoc Prof Dr Mohd Fairudz bin Mohd Miswan		
0800 - 0815	History And Indication	Dr Abdul Razak Hussin	
0815 - 0830	Role In Ligamentous Injuries	<ul> <li>Associate Professor Dr Hamid Rahmatullah Abd Razak</li> </ul>	
0830 - 0845	Rehabilitation Post Osteotomy	• Dr Kamaljeet Singh Jaharan Singh	
0845 - 0900	Q & A		
	SYMPOSIUM 6 Difficult Meniscus - Save The Cush	nion	
Chairpersons	Dr Yuzaimi bin Yaakub & Dr Siva Thangaraju		
0900 -0915	The Bad Meniscus-Saving It! (Flaps / Complex / Clevage Horizontal Degenerative Tears)  Professor Dr Tengku Muzaffa Tengku Mohamed Shihabudir		
0915 - 0930	Meniscus Ramp - The Hidden Lesions	Dr Bea Kia Chuang	
0930 - 0945	Handling Posterior Root Tears - Repair vs Reconstruction	Professor Dr Lee Dhong Won	
0945 - 1000	Options To Salvage A Meniscus Deficient Knee  • Professor Dr Lee Dhong Won		
1000 - 1030	1000 - 1030 Q & A		
1030 - 1100	- 1100 Tea Break & Exhibit Visit		
1100 - 1200	1100 - 1200 MAS Post-Graduate Quiz Championship (Final) Moderators: Dr Low Chin Aun and Dr Sharifah Nor Amirah Alsagoff		
PLENARY 3			
Chairperson • Associate Professor Dr Mohd Fairudz bin Mohd Miswan			
1200 - 1230	BPTB Graft - When Old Is Still Gold	Professor Dr Wan Hazmy Che Hon	
1230 - 1300	1230 - 1300 Induction Ceremony Of New Arthroscopy Surgeons 2024  AWARD WINNER ANNOUNCEMENT & CLOSING CEREMONY		
1300 onwards	End Of Conference Buffet Lunch @ Café BLD		







TIME	AGENDA		
	MEETING ROOM 5 & 6 (Level 2)		
	ICL 6 Other Knee Injury		
Chairpersons	Chairpersons • Dr Arshad Puji & Dr Ibrahim Bin Ahmad Fuad		
0800 - 0810	Patella Tendinopathy	• Dr Sudeep Satpathy	
0810 - 0820	Iliotibial Band Syndrome	Dr Malini Kerpaiah@Karupiah	
0820 - 0830	Distal Hamstring Injuries In Athletes	Dr Rozaiman Bin Ebrahim	
0830 - 0840	Orthobiologics In Knee Injuries: Where Are We At?	Dr Azril Syazwan Bin Mohd Ali	
0840 - 0900 Q & A			
0900 - 1100	Main session will be held in Ballroom 1 & 2		
Chairperson • Dr Siva Thangaraju			
1100 - 1200	Free Paper Presentations		



Date : 9th November 2024, Friday

Time : 1100-1200hrs

**Venue**: Meeting Room 5 & 6, Level 2, Renaissance Johor Bahru

Chairperson : **Dr Siva Thangaraju** 

Prese	nters	Title
FPP 1	Dr Rajesh Rampal	Tibial Deflexion Osteotomy (TDO) In The Multiple Revised ACL Reconstruction, The Missing Piece?
FPP 2	Dr M H Vajira Siri a/l Sumana Siri	Neglected Irreducible Knee Dislocation Treated with Hexapod Frame
FPP 3	Dr Muhammad Ihsan bin Mohd Tusirin	Mapping the Path: Radiological Imaging for Effective Washout of Septic Shoulder
FPP 4	Dr Sashi Darshan Balakrishnan	Approach to Multiligament Knee Injury: To Wedge or Not To Wedge
FPP 5	Dr Sashi Darshan Balakrishnan	Augmented Glenoid Baseplate Right Reverse Shoulder Arthroplasty. A Case Report
FPP 6	Dr Abdullah Ammar bin Mohamed Ruslan	Grounded Jumper: A Case of Common Peroneal NervePalsy in Multiligament Knee Injury





### **E-POSTER PRESENTATIONS**

Date: 7<sup>th</sup> -9<sup>th</sup> November 2024, Thursday - Sarurday

Venue: Ballroom Foyer, Level 2, Renaissance Johor Bahru

Poster ID		Title
EPO 1	LIEW HOE CHIN	Malpositioning of the Clavicle Tunnel in Tightrope Construct for Acromioclavicular Joint Disruption As a Cause of Failure
EPO 2	HRISHINILAAVENN A/L MUTHUSAMY	Athroscopic Fixation of Chronic ACL Avulsion fracture
EPO 3	HRISHINILAAVENN A/L MUTHUSAMY	Neglected Osteochondral Fracture of Patella : To Fix or Not ?
EPO 4	SHARIFAH NOR AMIRAH ALSAGOFF	Unveiling the uncommon: A Rare Case of An Apophyseal Iliac Crest Avulsion Fracture
EPO 5	SHARIFAH NOR AMIRAH ALSAGOFF	An ACL ganglion cyst: A culprit for limitation in flexion
EPO 6	RAJESH RAMPAL	Posterolateral Tibial Plateau Bone Bruises In Anterio Cruciate Ligament (Acl) Injuries And Its Association With Lateral Meniscal Injuries
EPO 7	SHRI KAPILAN APPADURAI	Uncommon Cause Of Shoulder Pain - Paralabral Cyst Of The Shoulder
EPO 8	KATHIRAVAN A/L MURUGAN	Fractured Tools: Challenges Of Instrument Breakage In ACL Reconstruction
EPO 9	YOGARAJ A/L S.BALASUBRAMANIAM	A Rare Case of Isolated Injury to the Posterior Inferio
EPO 10	AMIR FIRDAUS BIN ROZALI	A State of the Art: Arthroscopic ACL Avulsion Pulldown - A Case Report
EPO 11	nurulizzah ibrahim	Clinical Outcome for Treatment Of Long Head Biceps Disorders With Interval Tenodesis in An Urban Malaysian Hospital – Case Series
EPO 12	nurulhasyim bin Saparai	Outcome Of Peroneus Longus Tendon Autograft In ACL Reconstruction Surgery: A Case Series
EPO 13	SHARIFAH NOR AMIRAH ALSAGOFF	ACL Reconstruction in the Presence of a Solitary Osteochondroma: A Case Report
EPO 14	LEE SHANNON	Case Report : Ehlers-Danlos Syndrome In Adolescent Presenting With Unilateral Knee Pain





### **E-POSTER PRESENTATIONS**

Date: 7<sup>th</sup> -9<sup>th</sup> November 2024, Thursday - Sarurday

Venue: Ballroom Foyer, Level 2, Renaissance Johor Bahru

Poster I	D	Title
EPO 15	ANIS ANWAR BIN ZAHARI	Challenges in Reverse shoulder arthroplasty for four - part fracture of proximal humerus: UPM experience
EPO 16	THIRUKUMARAN A/L KRISHNAN	Bone Patella Tendon Bone Graft Anterior Knee Pain: Facts Or Myth
EPO 17	LIM WEI KUAN	Long Head Bicep Tendon and Subscapularis Tear: A Rare Injury in Arm Wrestling
EPO 18	MUHAMAD NURUDDIN BIN MOHD YUSOF	Irreducible Chronic Shoulder Dislocation in Elderly
EPO 19	ROSHYN SINGH KHOSA A/L HERJIT SINGH	Unveiling Tuberculosis in a Patient with Pigmented Villonodular Synovitis (PVNS) of the Knee
EPO 20	LING JIAN LOONG	Ramp It From The Front
EPO 21	MOHD ZHAIEM BIN MOHAMAD	Addresing Decade Long Chronic Knee Patellar Instability With Cartilage Injury
EPO 22	nishand guruseelan	Combining Precision and Stability: Arthroscopic-Assisted Tibial Plateau Fixation with ACL Pulldown - A Case Report
EPO 23	nishand guruseelan	"Reviving Stability: Posterolateral Corner Reconstruction with a Single Bundle Hamstring Graft" in a Multiligamentous Knee Injury
EPO 24	NUR DINI MOHD YUSOF	Feeble Distal Pulses: An Unexpected Early Complication Following Anterior Cruciate Ligament Reconstruction Surgery
EPO 25	ZULFAHRIZZAT BIN SHAMSUDIN	Battling Pain : Iliac Crest Apophysis Stress Injury in a Young Soccer Athlete







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# Malaysian Arthroscopy Society Annual Scientific Meeting 2024

# **RE-HINGING THE KNEE**

Optimizing Care in Knee Surgery and Rehabilitation

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